

the
**MEDITERRANEAN
FOOD CO.**

pizza

white base

BIANCA \$23 (v)

Pecorino romano, Buffalo mozzarella, organic basil, extra virgin olive oil

QUATTRO

FORMAGGI \$24 (v)

Parmigiano aged 18th months, Gorgonzola, Provolone, Pecorino romano, mozzarella fior di latte

MAIALONA \$25

free range ham, Italian rolled pancetta, Prosciutto from Emilia Romagna, mascarpone

CAMPAGNOLA \$24

Italian rolled pancetta, onions, Provolone, oregano, mozzarella fior di latte

CARCIOFI \$24 (v)

marinated artichokes, Gorgonzola, Parmigiano aged 18th months, mozzarella fior di latte, parsley, extra virgin olive oil

FUNGHI \$25 (v)

mushrooms, Gorgonzola Parmigiano aged 18th months, white truffle oil, mozzarella fior di latte

MARE E MONTE \$27

mushroom, prawns, Italian rolled pancetta, white truffle oil, mozzarella fior di latte

tomato base

COTTO \$24

tomato, free range ham, mozzarella fior di latte

MARGHERITA \$24 (v)

tomato, organic basil, buffalo mozzarella, extra virgin olive oil

MARINARA \$21 (v)

tomato, garlic, oregano, extra virgin olive oil

AGLIO E

PEPERONCINO \$23 (v)

tomato, garlic, Italian marinated chilli, Pecorino romano, mozzarella fior di latte

ROMANA \$23

tomato, anchovies, oregano, mozzarella fior di latte, extra virgin olive oil

NAPOLITANA \$24

tomato, anchovies, capers, mozzarella fior di latte, extra virgin olive oil

ORTOLANA \$23 (v)

tomato, artichokes, mushrooms, roasted red peppers, onion, mozzarella fior di latte

PROSCIUTTO \$24

tomato, Prosciutto from Emilia Romagna, mozzarella fior di latte

PROSCIUTTO

E FUNGHI \$25

tomato, mushrooms, Prosciutto from Emilia Romagna, mozzarella fior di latte

PROSCIUTTO E RUCOLA \$26

tomato, Prosciutto from Emilia Romagna, mozzarella fior di latte, rocket, Parmigiano aged 18th months

SICILIANA \$25

tomato, spicy salami from South Italy, onions, Greek black olives, mozzarella fior di latte

QUATTRO STAGIONI \$25

tomato, mushrooms, mild salami from North Italy, Greek black olives, artichokes, mozzarella fior di latte

CAPRICCIOSA \$25

tomato, free range ham, mushrooms, artichokes, Greek black olives, mozzarella fior di latte

CALABRESE \$25

tomato, spicy salami from South Italy, mushrooms, Italian marinated chilli, mozzarella fior di latte, oregano

Take away, fully cooked or half cooked available

Turn any pizza into a **CALZONE** (folded pizza pocket)

(v) = vegetarian

add \$2 for half & half pizza

extras \$2

extra meat \$4

the
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breakfast menu

available until 11am

CROISSANT \$9.50

with free range ham and Italian alpine cheese

SWEET AND CREAMY POLENTA (v) \$16

served with sauted apple and pear & yoghurt

FRENCH TOAST (v) \$19

with sauteed peach and pistachios

TOASTED HOUSEMADE CIABATTA \$14

with cheese and salami or butter and jam

EGGS YOUR WAY \$20

Fried, poached or scrambled free-range eggs with:
bacon & mushrooms

or free range ham & mesculin

or cold smoked salmon & rocket

starters

available after 11am

MARINATED OLIVES (v) \$9

Med Food olives with our housemade marinade

HOUSEMADE FOCACCIA (v) \$8

our famous housemade focaccia, sliced and served
with Italian extra virgin olive oil

ASSAGGIO PLATTER \$44/\$22

a tasting from the deli & store

selection of salami, cheese, vegetables & olives

main

available after 11am

PIPE RIGATE ALL'ARRABBIATA \$25

Italian pancetta, onion, garlic, chilli, tomato,
Pecorino Romano

SPAGHETTI AGLIO, OLIO &

PEPERONCINO (v) \$23

garlic, chilli, Parmigiano Reggiano, parsley

SPAGHETTI ALLE VONGOLE \$27

clams, garlic, white wine, parsley

FILLED PASTA OF THE DAY (v) \$26

served with sage & butter or house made tomato sauce

GNOCCHI DI PATATE \$26

served with cream & gorgonzola (v) or
house made pork & beef ragu'

DUCK RILLETTE \$19

served with relish, gherkins & pickled vegetables
served with housemade bread

MEDFOOD SALAD \$25

mesclun, Spanish peach, Prosciutto from Emilia
Romagna, Gorgonzola, semi-dried tomatoes &
peach dressing

desserts

TIRAMISU \$9.90

SMALL TIRAMISU \$5.50

ITALIAN GELATO \$4.50 single/ \$6.90 double

Check cabinet for more desserts

(v) = vegetarian

Gluten-free pasta options are available on request

Dairy-free options are available on request